



MENU

Local Meat...



TWICE ROASTED BELLY OF PORK £16.45
Slow Cooked Spiced Belly of Pork, served on a Bed of Apple Sautéed Potatoes & Green Cabbage with a meaty Gravy

VARINDER'S CHICKEN & MANGO CURRY £15.45
A Creamy Chicken & Mango Curry, medium spiced, created especially for The Springhill by Varinder Singh, served with Savoury Rice & Poppadom Salad Basket.

16OZ LAMB SHANK £20.95
Slowly cooked and flavoured with Mint and Rosemary, served on Mashed Potatoes with Rich Red Wine Gravy & Fresh British Vegetables.

SMOKED CAJUN CHICKEN PASTA £15.45
Slices of Smoked Chicken Breast, mixed with Cajun Spices, Red Onions and Mixed Peppers, on Gluten Free Penne Pasta, with a dash of Cream.

PERI PERI HANGING CHICKEN £16.45
Chunks of fresh Peri Peri marinated Chicken breast, oven baked & served on our hanging skewers, finished with Sweet Potato Fries, crisp Salad & Mint yoghurt dip.

STARTERS

PEPPER STILTON MUSHROOMS £6.45
Sautéed Cup Mushrooms, topped with a Creamy Pepper Sauce & melted Stilton, on Gluten-Free Crouton

PRAWN COCKTAIL £7.45
Juicy Peeled Prawns, bound with a Seafood Sauce, on Crisp Lettuce with Gluten-Free Bread & Butter.

ARDENNES PATÉ £7.45
Chef's Ardennes Paté served with Sweet Red Onion Jam & warm Toast.

HALLOUMI FRIES £7.45
Thick strips of golden fried Halloumi, served with Sweet Chilli sauce.

THE MAIN EVENT



8 OZ SIRLOIN £20.95
10 OZ RIBEYE £22.95
8 OZ GAMMON £14.95
with egg or pineapple

SIGNATURE MIXED GRILL
Sirloin Steak, Chicken Breast, Gammon, Lamb Skewer & Fried Egg
(20oz of Meat)
£22.95

CUSTOMER NOTICE:

ALTHOUGH THE MEALS ON THIS MENU CAN BE PREPARED AND COOKED TO SUIT YOUR NEEDS, YOU MUST INFORM YOUR SERVER THAT YOUR MEAL OR DESSERT NEEDS TO BE GLUTEN-FREE

Fresh Fish...



FRESH SEA BASS £19.45
Two Sea Bass Fillets, Grilled and served on a bed of crispy Sautéed new Potatoes with sugar snap Peas, wilted Spinach and finished with a Hollandaise sauce.

PLAICE FILLET & KING PRAWNS £18.45
Large grilled fillet of Plaice, served on a bed of new Potatoes & Seasonal Vegetables, topped with Garlic Buttered King Prawns.

FILLET OF FRESH SALMON £16.95
Simply grilled, Served with Crisp Fresh Salad & warm buttered New Potatoes.

KING PRAWN & SALMON PASTA £17.95
Fresh, Large King Prawns & Smoked Salmon Ribbons, served on a bed of Penne Pasta, bound together with Cream, white wine & Spinach.

SIGNATURE FISH MIXED GRILL
Fresh Cod, Salmon, Seabass & King Prawns. All cooked with a Garlic Butter Glaze. Served with Buttered New Potatoes, Dressed Salad & Tartare Sauce
£22.95

Burgers...
Just Without the



Hand formed 6oz Burgers, using Devon & Cornish beef, Char-Grilled and served with Side Salad, Homemade Coleslaw & Chips

NAKED BURGER £12.95
CHEESE BURGER £13.95
CHEESE & BACON BURGER £14.95
CAJUN CHICKEN BREAST £14.95

Double Up! With an Extra Burger...
£3.95

SIGNATURE BURGER
£16.95

Loaded with Bacon, Cheese, BBQ Pulled Pork & topped with Fried Egg

VEGETARIAN

SQUASH, CHICK PEA & RED ONION TAGINE £12.50
Cooked in Moroccan spices served with Savoury Rice

VARINDER'S VEGETABLE CURRY £13.95
A creamy medium spiced Chick Pea, Spinach and potato Curry, especially created for The Springhill by Varinder Singh, served with savoury Rice & Poppadom salad basket

GRILLED HALLOUMI N CHIPS £13.95
Grilled Halloumi Cheese, Served with Chips, Mushy Peas & Red Onion Jam

PENNE ARRABBIATA £11.95
Gluten Free Penne Pasta, cooked in a Rich Tomato & Chilli Sauce. With Mixed peppers, Onions & Olives

ALLERGEN INFORMATION

Please be aware that our food may contain or come into contact with common allergens. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur. Please see a member of staff for our Allergen Folder, which will give you all the information you need regarding ingredients of a dish.

LUNCHTIME SET-MENU

NOT AVAILABLE ON BANK HOLIDAYS

**AVAILABLE
MONDAY - SATURDAY
12PM - 6PM**

**2 COURSES £16.95
3 COURSES £18.95**

Soup Of The Day

Ardennes Paté

Pepper Stilton Mushrooms

Prawn Cocktail

Halloumi Fries (V) (£1 Supplement)

8oz Gammon Steak

8oz Sirloin Steak (£3 supplement)

Grilled Cod Fillet with Lemon Butter

Roasted Belly Pork, Mash & Cabbage

Vegetable Curry, Rice, Poppadom

Halloumi & Tomato Pasta (Vegan)

Seabass with Penne Pesto Pasta

Lemon Meringue Sundae

Forest Fruit Pavlova

Your choice of Tea or Coffee

Freshly Whipped Ice Cream

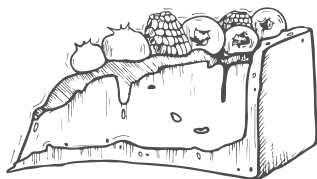
Hot Sponge Pudding

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Leave room for our... DESSERTS



FOREST FRUIT PAVLOVA

£6.45

Crisp Meringue nest, Ice Cream and fresh Cream, topped with Mixed Berries

HOT TREACLE SPONGE

£5.95

Traditional Treacle Sponge, served warm with Custard

CARAMEL APPLE PIE

£6.45

Sweet Shortcrust Pastry, filled with sweet Bramley Apples and topped with Caramel Fudge. Served chilled with Ice Cream or Whipped Cream

NAKED SUNDAE

£5.95

Freshly whipped Ice Cream, with your choice of Raspberry, Chocolate or Toffee sauce

LEMON MERINGUE SUNDAE

£6.50

Chunks of Meringue and zesty Lemon sauce

RED BERRY CHEESECAKE SUNDAE

£6.50

Chunks of Vanilla Cheesecake & mixed Berries

ETON MESS SUNDAE

£6.50

Fresh Strawberries & sauce, broken Meringue pieces & fresh Cream

BAILEYS INFUSED CREME BRULEE

£6.95

Rich & Creamy baked Custard, infused with Baileys Irish Cream, Topped with a brittle caramelized sugar top

Traditional SUNDAY Roasts...



EVERY SUNDAY 12-9PM

All our Roasts are served with Homemade Roast Potatoes, Creamy Mash and Home Cooked Fresh Vegetables.

ROAST BREAST OF TURKEY

Regular £14.95/ £16.95 Large

ROAST LEG OF LAMB

£15.95/ £17.95

ROAST LOIN OF PORK

£14.95/ £16.95

ROAST TOPSIDE OF BEEF

£14.95/ £16.95

TWICE ROASTED BELLY PORK ROAST

£16.45

16OZ LAMB SHANK ROAST

£20.95

SIGNATURE SUNDAY ROAST

£18.45

A Selection of Beef, Pork, Lamb & Turkey, with all the trimmings